

La Trinactia

SONS OF SICILY

Febbraio 2026

PRESIDENT'S MESSAGE



Brothers,

Starting off with a little bit of sad news: Brother and past President John Zoria has passed away. Please keep the Zoria family in your thoughts and prayers.

We started the new year with our first guest night. Attendance was a little light due to the weather, but it was a great meal and a great time for those who were able to make it.

For anyone who has a family member or friend of Sicilian ancestry who will be graduating high school in 2026 and going off to college, scholarship applications are now available on the SOS website.

See link here: [Scholarships](#)

If you have not paid your 2026 dues, please do so. Dues will be past due as of 1/31/2026.

In 2026, we will be doing a member spotlight for the newsletter. Please check your email; you might be selected next.

Make sure to check our social events section for information on upcoming events and our crab feeds.

February is a regular meeting night. Hope to see you all there.

Frank Salciccia – President



Inside this Issue:

President's
Message

Social Events

Events Calendar

Health & Welfare

Member
Spotlight

Recipe of the
Month

Sponsors

Contact
Information

SICILIAN WORD OF THE MONTH

onuratu adj. Honest, honorable.
L'omu onuratu campa stintatu.
Eng. The honorable man lives within self imposed limits.

SOCIAL EVENTS



Friends,

******* Scholarship Applications Are Now Open *******

Our February meeting on 2/2/26 will be a regular meeting night. If there is a game on, Mike will have it on the big screen. Also, we discussed the raffle being a 50/50 cash drawing. Please give Mike a call with your thoughts.

Our upcoming Crab Feeds (February 21st and March 14th) are confirmed. The cost of crab and the venue will make the tickets \$85 each. This event is a major fundraiser for the club and is open to all guests. As of today, we have allocated all tickets for the March 14th feed but still have some available for the February 21st feed. We are limited to 350 tickets for each event, so please call Mike as soon as possible to confirm the number of tickets you need.

And a reminder that scholarship applications will be open until March 1st, 2026. You can get the applications on our website.

As changes occur, we'll keep you posted with updates.

Bob Scaletta — Social Events



For up to date information please check out our website —
www.sonsofsicilysj.com.

See the schedule below for a quick reference in chronological order

- January: 5th - Male Guest Meeting Night
- February: 2nd - Regular Meeting | 21st - Annual Crab Feed #1
- March: 2nd - Male Guest Meeting Night | 14th - Annual Crab Feed #2
- April: 6th - Regular Meeting
- May: 4th - Membership Drive/Male Guest Night | 22nd - Aiuto Wine Event
- June: 1st - Regular Meeting | 12th - 9th Annual Golf Tournament
- July: 6th - Scholarship Awards & Family Night | 25th & 26th - IAHF Festa
- August: 2nd - Family Picnic/Member Meeting Day
- September: 14th - Regular Meeting | 19th - Club Trap/Skeet Shoot
- October: 4th - Little Italy Festa | 5th - Regular Meeting
- November: 2nd - Regular Meeting
- December: 11th - Adult Christmas Party | 13th - Children's Santa Party

SONS OF SICILY CRAB FEED



1ST CRAB FEED SATURDAY, FEBRUARY 21ST - RSVP DEADLINE FEBRUARY 2ND
(OR UNTIL SOLD OUT)

2ND CRAB FEED SATURDAY, MARCH 14TH - (SOLD OUT)

NO HOST BAR: 5:30 P.M. TO 7:00 P.M. | DINNER: 7:00 P.M. TO 8:30 P.M. |

DANCING: 8:30 P.M. TO 10:00 P.M. | RAFFLE: 9:15 P.M.

NEPRADEK HALL, 770 MONTAGUE EXPRESSWAY, SAN JOSE, CA 95131

PRICE: \$85.00

CONTACT: MIKE MALTESE (408)972-4986

HEALTH & WELFARE



Fratelli,

- Joe De Maria Passed away at the age of 98.
- Vince Sunseri Sr. has been in the hospital for several weeks.
- John Zoria passed away on January 11 at the age of 77.
- Sam Carlino is recovering from a fall.

Chris Zambataro — Health & Welfare

IF YOU HAVE ANY NEWS TO REPORT, PLEASE CONTACT ME BEFORE 15TH OF THE MONTH
TO BE PLACED IN THE NEWSLETTER.
CALL AT (408)813-2818 OR EMAIL AT CHRIS@ZAMBATARO.COM.



MEMBER SPOTLIGHT

Your name?

Frank Crusco



How long have you been a member of Sons of Sicily?

35 years.

How did you first become involved with the Sons of Sicily, and what inspired you to join the club?

My uncle Joe Schillaci and uncle Frank Schallaci were members.

What has been one of your most memorable experiences or events as a member of the Sons of Sicily?

I can truly say that all events have been a wonderful experience. Breaking bread with family and friends seems to be the most rewarding.

Which Sicilian traditions do you and your family continue to celebrate, and why are they meaningful to you?

Uncle Joe passed down to me the canning of green olives once cured, I do the process of cracking and mixing in oil and vinegar with plenty of garlic to enjoy.

Outside of the club, what are some of your hobbies or activities you enjoy in your free time?

Working in the yard as well as planting my yearly garden.

What does being Sicilian (or of Sicilian heritage) mean to you personally, and how do you hope to pass that legacy on to future generations?

In my opinion, the world seems crazy. Therefore, the only thing we have is family and friends and to make time to be with them.

RECIPE OF THE MONTH

Spezzatino di Manzo

Courtesy of Giallo Zafferano

Ingredients:

Beef (priest's hat) 1 kg
 1 l meat broth
 Onions 1
 Carrots 1
 1 stalk of celery
 1 glass of red wine
 00 flour 30 g
 Rosemary 1 sprig
 Thyme 1 sprig
 Sage 3 leaves
 Butter 30 g
 Extra virgin olive oil 4 tablespoons
 Salt to taste
 Black pepper to taste

Instructions:

To prepare the beef stew, first make the beef broth following our recipe and keep it warm. Prepare the rest of the ingredients: clean and dice the celery, carrot, and onion.1Tie the sage, rosemary and thyme together with string.2Finally, cut the meat into cubes of about 5 cm.3.

Pour the oil and butter into a double-bottomed steel pan.4. When the butter has melted, add the vegetables5and the bunch of aromatic herbs6Let it simmer gently for 10 minutes.



After 10 minutes, raise the heat and add the beef pieces.7, stirring occasionally to seal the meat well8Season with salt, add the flour9and mix to combine.

Blend with red wine10and let all the alcohol evaporate. At this point, moisten with the meat broth.11and cover with a lid, taking care to leave a small vent12Let it simmer over medium-low heat for about 2 hours.

After this time, remove the lid and cook for another 20-30 minutes.13so that it dries out a little. Taste and adjust the salt if necessary. Remove the bunch of aromatic herbs.14Turn off the heat and let the stew rest for 10 minutes before serving, so the sauce will be creamier. Your beef stew is ready to be enjoyed

BOARD OF DIRECTORS

<p>President Frank Salciccia 408-461-1175</p>	<p>Food Services Mark Taormina 408-265-4822</p>	<p>Financial Secretary T.J. Blau 650-274-2944</p>	<p>Advisor/Past President Jonathan Taormina 408-781-8870</p>
<p>Vice-President Fred Guidici 650-670-0777</p>	<p>Social Events Bob Scaletta 408-448-7247</p>	<p>Sergeant at Arms Craig Palermo 408-690-5339</p>	<p>Communications Rodney Turco 408-239-3266</p>
<p>Secretary Ron Palermo 408-425-8172</p>	<p>Health & Welfare Chris Zambataro 408-813-2818</p>	<p>Membership Little Joe Zambataro 408-828-7960</p>	
<p>Treasurer Mike Maltese 408-972-4986</p>	<p>Alternate J.C. Zambataro 408-784-9590</p>	<p>Parliamentarian Big Joe Zambataro 408-813-0551</p>	

Anastasi

Pasquale Anastasi, Esq.

Business & Trust Attorney

831.661.0771 pasquale@anastasiesq.com

Campbell • Indian Wells • Capitola



**MICHAEL
LOMONACO**
A Heritage of Real Estate Excellence
408.891.4342
MLomonaco@cbnorcal.com | www.LoMonacoGroup.com
410 North Santa Cruz Avenue | Los Gatos, CA, 95030 | DRE# 01242514

David Conti

Real Estate Professional, MBA
CalBRE# 02045711

408.896.4081

david.conti@kw.com

davidconti.kwrealty.com

kw BAY AREA
ESTATES
KELLERWILLIAMS
16185 Los Gatos Blvd., Ste. 205
Los Gatos California 95032

CalBRE# 01526679 Each Office Independently Owned and Operated



CHUCK ARUTA
Floor Contractor, Inc.

- HARDWOOD - CARPET - VINYL - LAMINATE -

1-408-605-1947

1-408-267-5245

1527 ARBUTUS DRIVE

SAN JOSE, CA 95118

chucksfloors@gmail.com



exceeding expectations, every time

Roy Sanfilippo
Senior Personal Insurance Specialist
Branch Manager

888 N First St Ste D

San Jose, CA 95112

Phone (408) 971-8082

Fax (408) 971-9295

rsanfilippo@inszoneinsurance.com

License 10F82764

www.inszoneinsurance.com



*Lima-Campagna-Alameda
Mission Chapel*

600 S. Second St.
San Jose, CA 95112

SAM J. CAMPAGNA

JOE LIMA

VINCE LIMA

FD# 1969

FDRE 575

CA INS# 07301889

Ph: (408) 288-9188

Fax: (408) 288-9189

www.samsbbq.com

Sam's

BAR-B-QUE

1110 South Bascom Ave San Jose, CA 95128 (408) 297-9151



Gino DeRose



ANTIPASTOS
by DeRose
GOURMET
MEAT • FISH • DELI
3454 McKee Road, San Jose, CA 95127
408-251-5647

Giovanni's Pizzeria

Pizza • Pasta • Calzone

Best New York Pizza ☆☆☆ Mercury News

Voted By Pizza Magazine As One
Of The Top 100 Pizzerias In the Country

408-734-4221 Fax 408-734-9523

1127 Lawrence Expressway Sunnyvale, CA 94089
Hours: Mon-Sat 11:00 to 9:30
Closed Sunday



Wang Accountancy Corp.

王張會計師事務所

Jung-Mei (Rosemary) Wang

CPA, MBA, Master of Taxation

總裁 President

2185 The Alameda, Ste. #900
San Jose, CA 95113

Tel: (408) 998-1688

Fax: (408) 998-1689

Cell: (408) 966-8014

E-Mail: rosemary@wangaccountancy.com



MINIMIZE LIFETIME TAXES, MAXIMIZE LIFETIME WEALTH

We offer personalized wealth management services designed to help you build, preserve, and grow your wealth for generations to come.

- Retirement & Estate Planning
- Tax Planning and Preparation
- Investment Management
- Business & Financial Strategy
- Business Valuation and Sale Process
- Risk Management



Justin Patellaro, CFA, CPA, CFP®
(925) 315-5563
justinpatellaro@northpoint-wealth.com
<https://northpoint-wealth.com/>



NEW CLIENT SPECIAL OFFERS



(408) 985-1544 • www.TrioSpa.net
1585 The Alameda, San Jose, CA 95126

In-Studio • On Location • In-Home
Corporate Functions • Health Fairs • Sporting Events • Spa Parties

10% OFF	\$10 OFF	10% OFF
10% OFF Any Waxing Service* <small>*Applicable to waxing services of \$50 or more www.TrioSpa.net</small>	Massage Sessions, Facials & Peels Couples Massage & Massage/Facial Combo <small>*Applicable to services of \$90 or more www.TrioSpa.net</small>	Corporate Events & Spa Parties Mobile Onsite <small>www.TrioSpa.net</small>
(408) 985-1544	(408) 985-1544	(408) 985-1544

Ed & Kathy Cefalu, Owners & Practitioners
1585 The Alameda, San Jose, CA 95126
(408) 985-1544 / www.TrioSpa.net



P.O. Box 6856
San Jose, CA 95150-6856
Email: sonsofsicily@yahoo.com
Website: sonsofsicilysj.com

Know someone interested in joining the club. Have them scan the QR code to join the Sons of Sicily.

